10-GHz and Up Cumulative Contest Log

Call Used		Ops	(using this callsign only)	
Year	Total Hours Worked		10-GHz only	10-GHz and Up

			Grid Loca	ator Report		Distance	Band	Distance	QSO
Date	Time	Call Worked	Sent	Received	Band	(km)	Factor	Points	Points
	ī					То	tals		

NOTE: To calculate distance points, multiply the distance in km by the band factor below:

Band	Band Factor
10 GHz	1
24 GHz	2
47 GHz	3
75 GHz	4
122 GHz and up	5